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Pay attention

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Afternoon	凸	Ç □	L)	Ç1	公	ڳ ا	公	Ç 1	

I need a break:



Run in place



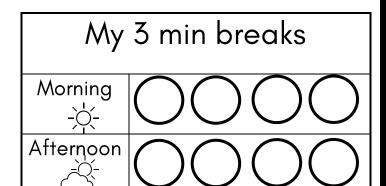
Jump in place



Shake my enegry



Drink Water





Accumulated during the morning and afternoon

If I have 🖒	The prize is
7 – 8	
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During one periodo f the day

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Pay attention

Focus and Attention" is a tool designed to help students stay focused in the classroom, particularly for students in kindergarten through fourth grade. Its primary goal is to facilitate self-evaluation by students or to assist teachers in evaluating student performance during two distinct periods: before and after recess.

Evaluable Behaviors:

- * Sitting in Assigned Seat: Assesses whether the student remains in their designated seat.
- Raising Hand for Participation: Measures participation through hand raising.
- * Completing Assigned Work: Evaluates the student's engagement with assigned tasks.
- * Maintaining Silence When Required: Checks the student's ability to maintain silence as instructed by the teacher or others.

3-Minute Breaks:

Students have four options for taking a 3-minute break from their activities:

- * Running in Place or a Designated Area
- * Jumping in Place or a Designated Area
- * Shaking Out Energy in Place or a Designated Area
- * Getting a Drink of Water

Se Students are expected to return to the activity after their 3-minute break. The options are simple: do it or don't do it. If they do, they receive verbal reinforcement; if they refuse to do it, they are motivated and given options to resume the activity. Allowing them to choose between returning to the main task or doing a related activity can increase their sense of control. Divide the task into smaller, more manageable steps.

Daily Evaluation: After each period, the teacher will give a thumbs up if the student completed the activity or a thumbs down if they did not. The correct behaviors throughout the day will be counted, and the size of the reinforcement will depend on the points obtained, adapting to the practical and feasible needs of the class.



Academic Activity Sheet:

In addition to general behavior evaluation, an additional sheet is included to specifically focus on the completion of academic activities such as reading, writing, or math. This sheet uses the same point and evaluation system as the main sheet, but focuses on the completion of assigned tasks in these specific areas.

Benefits:

- Promotes focus and self-regulation in students.
- * Provides a tool for self-evaluation and behavior monitoring.
- * Facilitates communication between the student and the teacher about performance.
- * Promotes active participation and engagement in the classroom.
- * Offers options for behavior management and returning to activity.
- * Allows for individualized evaluation tailored to the needs of each student.



Stay on task in the class

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13–15	
9-12	
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1–3	



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